



my budizzz

Better Sleep and More

Meet: myBudizzz



There is no perfect human being, but there are great tools and **myBudizzz** is one of them.

Budizzz's journey started thanks to Sylwia's sleepless nights after the birth of her son, Bartu. After what turned out to be another sleepless night, she was cooking with Bartu right by her side, and she started the oven hood, and her son was fast asleep. It was a miraculous **"eureka"** moment for Sylwia, but when she started researching, she discovered the power of white noise.

For the next 6 months, she put her son to sleep in the kitchen while talking to the experts, reading extensively about white noise and its benefits. Then she decided to share what she learned with the communities she was a part of.

That's how Budizzz was born.

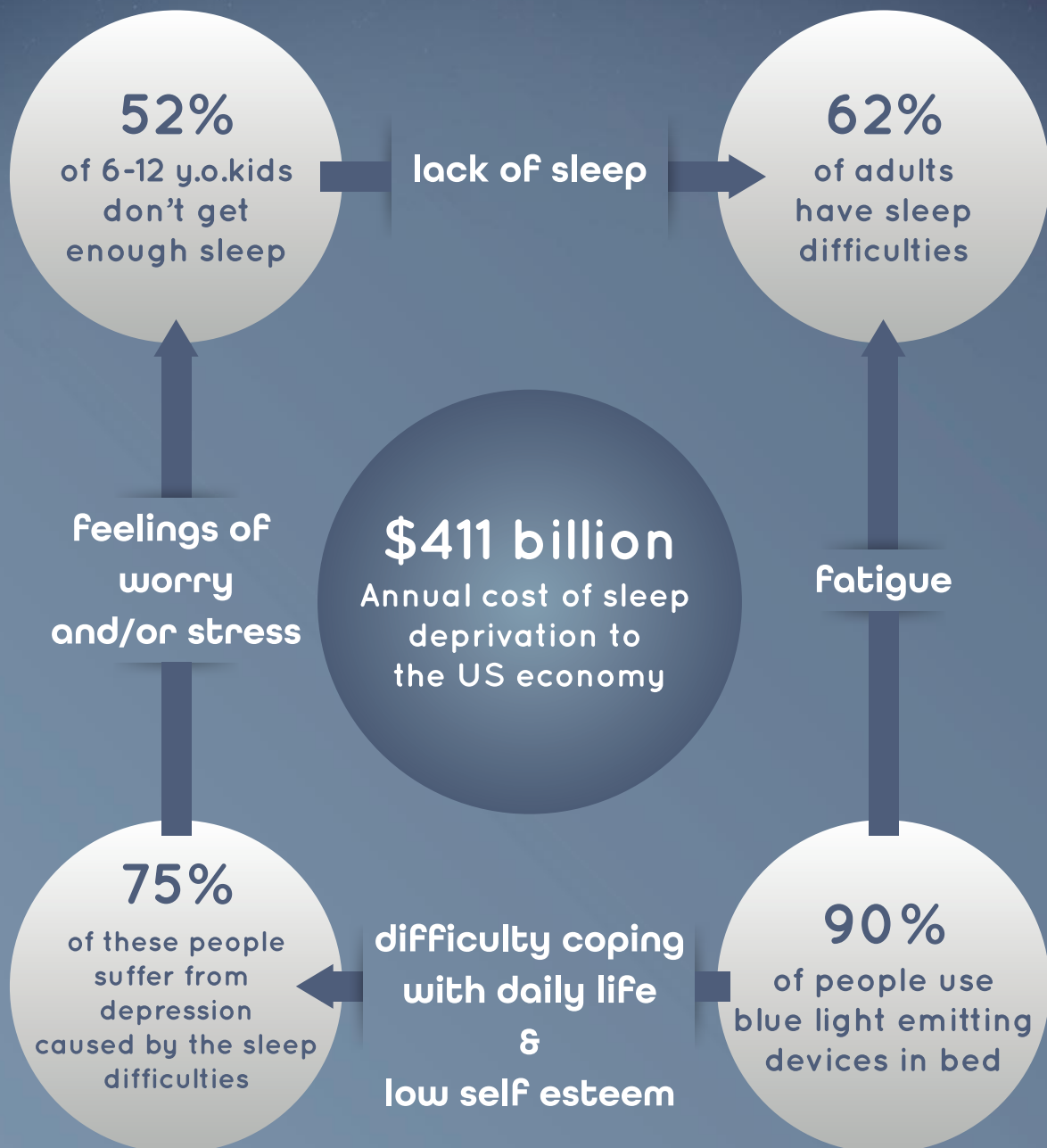
Bartu's sleep journey became less hectic and more peaceful with his sleep buddy, and our community has expanded to include **55.000+ other babies**, all the while nourishing our family bonds. Because lack of good sleep harms not only babies but the whole family. It causes a variety of problems, including depression, anxiety, memory problems and physical effects. It affects the body and the mind.

However, all family members of all ages can and will benefit from sleep routines. **Children learn to self-regulate and adults enjoy calmer minds.** And we can all do this without staring at our blue-light-emitting phone screens or the distractions of the countless electronic devices around us. That's why the Budizzz team developed myBudizzz.

myBudizzz is an innovative IoT device for the entire family. It seamlessly syncs with an ever-expanding library and connects its users of all ages with their selected content created by professionals and sleep enthusiasts.

While we help sleep enthusiasts and professionals continuously share their valuable input with the world (and sharing revenues), we support the Budizzz community to build their own healthy sleep habits by fostering routines, helping create sleep patterns, and elevating their lives. Through Budizzz platforms and devices, we aim to build a calmer and happier society as well as supporting our community.

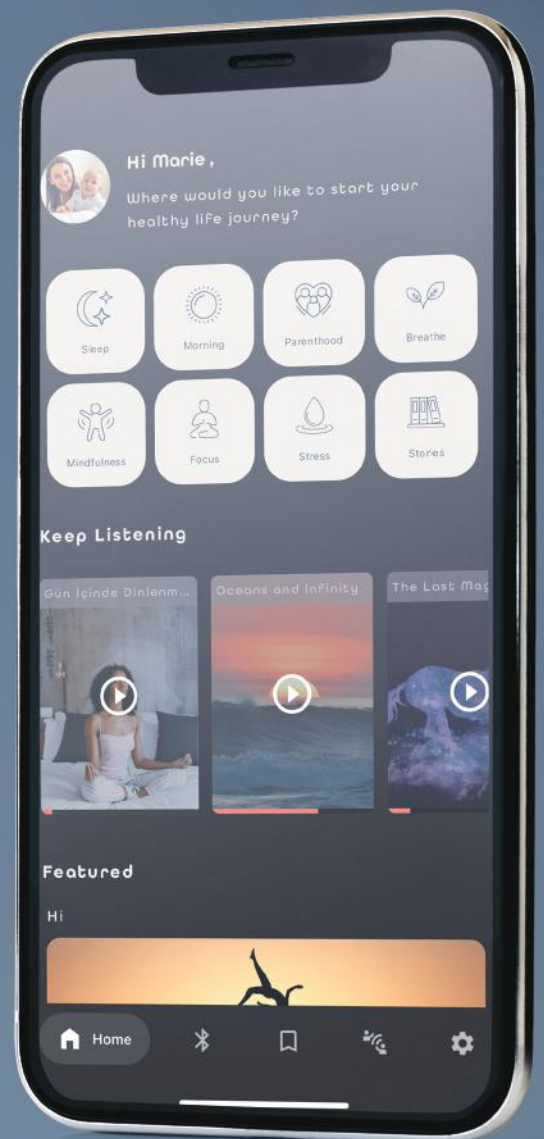
Everybody needs to sleep



Sleep & meditation routine building IoT device with AI sleep tracker:

myBudizzz

- Smart IoT device
- App with always growing content library
- User community



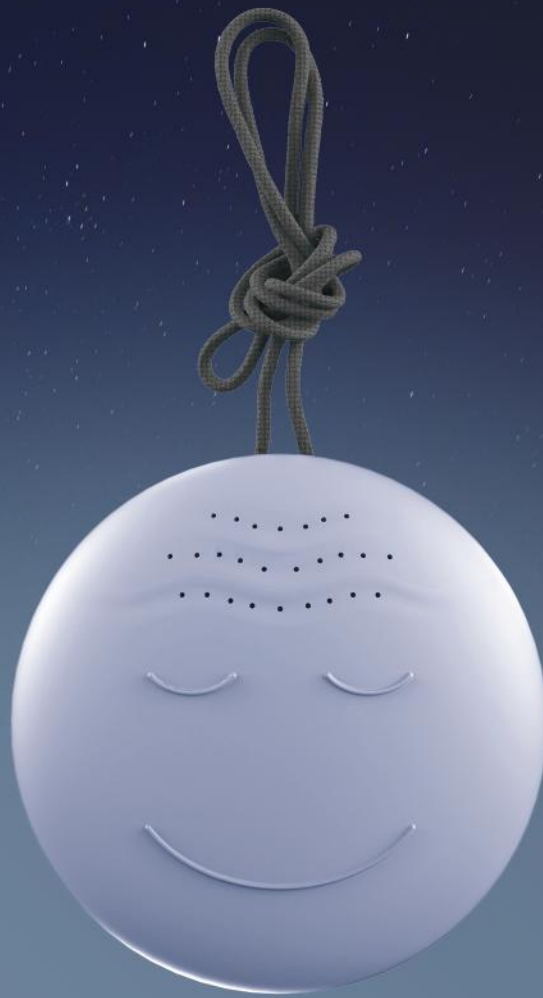


myBudizzz IoT

- Sustainable - Expends according to user's need
- Data storage / transmission
- Rechargeable
- Blue light free
- 100% distraction free
- Timer for daily calm & focus
- Personalized sound sensor

Content Ecosystem

- Worldwide crowdsourced content ●
- Content Marketplace for creators: workshops, courses ●
- Revenue share model ●
- User community ●
- AI content translation ●
- AI driven sleep tracker ●



Budizz Community

Budizz Community: Sleep Serene, Be Parent Mindful, Enjoy the Journey;
All Together

The Budizz is world's first and only in-app community-led sleep society for parents to discuss sleep tips, share mindful parenting insights, exchange stories, and collectively embrace the journey of parenthood.



my**budizzz**



**Meet with myBudizzz
to live healthier**





my **budizzz**

**Better living begins
with good sleep**

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www.budizzz.com